



MARATHA VIDYA PRASARAK SAMAJ'S

ARTS & COMMERCE COLLEGE, VADNER BHAIRAV, TAL- CHANDWAD (NASHIK)

Counseling Center – Educational Counseling Program for Students

REPORT 2016-17

Maratha Vidya Prasark samaj's Arts and Commerce College, Vadner Bhairav established Students counseling center in the college under Psychology Department. Department of Psychology has organized counseling program on Educational counseling for Students. The department has counseled students to promote and enhance student achievement through guidance curriculum, individual planning, strategies and educational responsive services.

Following are the objectives of the Educational counseling

1. To solve the problem of student related to study habits.
2. To provide the Guidance to relieve from educational stress and stress management to the students.
3. To solve the problems related to depression due to various reasons such as death or serious loss in family, alcoholism, sexual or physical abuse in the family/ outside, learning disabilities etc.
4. To study the behavior of the students, anger and emotional management. Students at younger stage also want to control their emotion and thus it is essential to teach them anger management.
5. To improve self-awareness in those students who are unable to realize their potential and capabilities.
6. To enhance College attendance of students to avoid Truancy. It often happens that the students bunk classes, run away from classes along with friends to escape from studies. This may be due to college environment that the subjects are disinteresting or they don't value education.

For educational, counseling above objectives following different activities organized.

1. Counseling session was held to the students by the department of psychology.
2. Guest lecturers of expert counselors organize for the student as well as faculty.
3. Individual student counseled by the concerned subject teacher and HOD's.

The above activities are useful to solve the Educational problems of the students.

(Prof. Sarika Daund)

Head Counsling Center

(Prin. A.L.Bhagat)

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